



Helping Hands Food Bank and Solution Center

2025 Impact Report





Rebecca Skrinde
CEO



Dear Friends,

As we reflect on the past year at Helping Hands Food Bank, one thing stands out above all else: the power of community. In every donation, every volunteer shift, every shared story, and every meal provided, we see how deeply people care for one another. That spirit of compassion is the foundation of our work, and it continues to carry us through moments of challenge and moments of hope.

This year, your support allowed us to expand our reach and deepen our impact. Families facing unexpected hardship found stability. Seniors on fixed incomes received nutritious food delivered with dignity. Children received healthy meals that helped them learn and grow. And through partnerships with local growers, businesses, schools, and civic organizations, we were able to meet rising needs with creativity, collaboration, and heart.

While we celebrate these accomplishments, we remain aware of the work ahead. Food insecurity continues to affect many of our neighbors, and the landscape of need is evolving. As we look to the future, Helping Hands Food Bank is committed to strengthening our programs, expanding access to nutritious options, investing in distribution systems that improve efficiency, and broadening outreach to ensure no one in our community is left behind.

Thank you for walking alongside us. Thank you for believing in the power of community care. And thank you for helping us build a future where every person has the food they need not just to live, but to thrive.

With gratitude,

Becky

Who We Are



The Vision of Helping Hands Food Bank is to address the inequity of the food bank experience and ensure everyone in our communities has access to high-quality food and resources to help them thrive.

As a non-profit organization, we partner with local food providers and community organizations to provide the best services possible, making a positive difference for local families and our community.



Our History



1970

Helping Hands started in the basement of the Immaculate Heart of Mary Catholic Church in Sedro-Woolley

1985

Helping Hands officially became a non-profit (501c3)

2020

The National Guard came to assist in pandemic food distribution across Skagit County, based out of the Helping Hands facility.

2019-2024

Helping Hands grew from one, to 6 distribution locations across Skagit County.

2025 and beyond

Helping Hands will continue to evolve with the needs of our community, providing support, stability, and nutritious food options.



impact in 2025



14,500+ volunteer hours dedicated

228,887 visits across six locations



1.8 million pounds of food distributed



14,500+ volunteer hours dedicated



Over **290 individual volunteers** gave their time and energy this year, and that doesn't include the incredible groups from local businesses and service organizations that came to tackle some of our biggest projects.



Volunteers contributed the hourly equivalent of 7 full-time employees



Our volunteers are at the heart of everything we do at Helping Hands and we couldn't do all that we do without them.



228,887 visits across six locations



Food is an ongoing and everyday need so we track visits, rather than people, to better assess our impact in the community.



Helping Hands distributes food at at least one location across Skagit County 5 days/week.





1.8 million pounds of food distributed

7%
The Emergency
Food
Assistance
Program
(TEFAP)



1%
from
donations and
food drives



37%
Large
Donations



39%
Grocery
Rescue
Program



16%
Food
Purchasing

SOLUTIONS



Individualized Care

Through individualized care, the Solutions team is able to work with each participant to address their unique needs.



Emergency Support

The Solutions Center offers showers, laundry, hygiene, and other supplies if needed.



Partners

The Solutions team works closely with first responders, partner agencies, and the county to bridge the gap in services.



Volunteer PROGRAM



The volunteers at Helping Hands play a pivotal role in the stability of our community.

Our dedicated corps of almost 300 volunteers are the backbone of our food distribution.

Volunteers sort donations, pack CHOW bags for children, deliver food to homebound participants, assist our Solutions team, check in participants, and ensure our 6 remote distribution locations are ready to serve those in need.

Our volunteers ARE Helping Hands!

apply
Today!

find out more
online at:

[helpinghandsskagit.org](https://helpinghandsskagit.org/volunteer)
[/volunteer](https://helpinghandsskagit.org/volunteer)





Thank you the volunteers, donors, participants, partners, staff, advocates, and board members who have been a part of our 40 years of impact in Skagit County. We are a stronger community because of your commitment.

For more information please visit us at www.HelpingHandsSkagit.org

THANK YOU!