



VOLUNTEER NEWSLETTER

JUNE 2025

VOLUNTEER OPPORTUNITIES

Join us as a Mobile Delivery Driver!

We are looking for volunteers to deliver groceries to participants who are homebound. We are also seeking backup drivers who are able to cover routes as needed.



We are also looking for volunteers in distribution and Grocery Rescue. Help pick up and organize donations from local grocery stores!

Please fill out an application on our website or email volunteer@helpinghandsfoodbank.org if you are interested

NEWS



Thank you to the Sedro-Woolley Chamber of Commerce for donating 70 pounds of food!



Make a Difference with Your Donation!



Monthly donations make a difference everyday by helping us provide consistent and nutritious food options to our neighbors in need.

Donate Online:



Donate by Mail:

Helping Hands
P.O. Box 632
Sedro-Woolley, WA 98284

Check out helpinghandsskagit.org for more info

4th of July Parade

If you are interested in walking with us in the 4th of July parade please email volunteer@helpinghandsfoodbank.org



MONTHLY IMPACT REPORT

JUNE 2025

Monthly Impact

1,500+ volunteer hours worked by



at 6 locations

218,670 lbs of food donated



Upcoming Closures

Helping Hands will be closed on 6/19 for Juneteenth

We will resume our normal schedule on Friday, June 20th

New Staff Member!

Olivia is joining our team at Helping Hands as the Volunteer Coordinator. Her role includes helping implement the new volunteer management system at the Sedro-Woolley location. She is excited to learn and grow alongside our volunteers and community!

Olivia Luplow
Volunteer Coordinator



If you have any questions or suggestions please email olivia@helpinghandsfoodbank.org